

Results for : The Roaches  
 Distance : 15 Miles  
 Date : Sunday, 13. November 2016



Mow Cop Runners

| Position | Name             | Bib No | Time     | Vet Class | Club                       |
|----------|------------------|--------|----------|-----------|----------------------------|
| 1        | Jack Ross        | 11     | 02:08:26 | M         | Staffordshire Moorlands AC |
| 2        | Nat Winfield     | 256    | 02:14:50 | M         | Pennine FR                 |
| 3        | Pete Vale        | 135    | 02:14:57 | M40       | Mercia FR                  |
| 4        | Jordan Street    | 24     | 02:18:55 | M         | Clowne Road Runners        |
| 5        | Daniel Page      | 99     | 02:19:08 | M         | Clowne Road Runners        |
| 6        | Matthew Basnett  | 257    | 02:20:25 | M         | Mow Cop Runners            |
| 7        | Michael Betz     | 82     | 02:20:55 | M         | Shrewsbury AC              |
| 8        | Tom Bush         | 188    | 02:22:15 | M         | Pennine FR                 |
| 9        | Nick Corker      | 107    | 02:22:27 | M40       | Royal Sutton Coldfield AC  |
| 10       | Jim Ohara        | 122    | 02:23:04 | M         | Helsby                     |
| 11       | Richard Houghton | 27     | 02:24:59 | M50       | Pennine FR                 |
| 12       | Andy Davies      | 26     | 02:27:29 | M50       | Mercia FR                  |
| 13       | Jeremy Fellick   | 41     | 02:27:44 | M50       | Wallasey                   |
| 14       | Ian Ridgeway     | 42     | 02:28:13 | M         | Unattached                 |
| 15       | Paul Swindles    | 178    | 02:28:18 | M         | Pennine FR                 |
| 16       | Neil Walker      | 145    | 02:29:02 | M         | Altringham                 |
| 17       | Louis Bizel      | 87     | 02:30:53 | M         | Trailer de Grenoble        |
| 18       | Dan Croft        | 121    | 02:31:05 | M50       | Macclesfield Harriers      |
| 19       | Andy Ford        | 131    | 02:31:11 | M         | Horwich RMI                |
| 20       | Philip Shaw      | 127    | 02:34:22 | M50       | Mansfield Harriers         |
| 21       | Ben Kelsey       | 263    | 02:34:27 | M         | USMC                       |
| 22       | Pete Nield       | 89     | 02:34:42 | M40       | Macclesfield Harriers      |
| 23       | Alan Billington  | 128    | 02:34:52 | M45       | Belper Harriers            |
| 24       | Jonathan Hardman | 84     | 02:35:02 | M         | Cheshire Hill Racers       |
| 25       | Arthur Raffel    | 129    | 02:35:33 | M         | Altringham                 |
| 26       | Darren Hawkins   | 103    | 02:35:36 | M50       | Pennine FR                 |
| 27       | David Robicette  | 261    | 02:35:41 | M         | USMC                       |
| 28       | Chris Barnes     | 140    | 02:37:00 | M40       | Mersey Tri                 |
| 29       | Seamus White     | 158    | 02:39:32 | M40       | Staffordshire Moorlands AC |
| 30       | James Pierce     | 197    | 02:39:54 | M40       | Unattached                 |
| 31       | Bryan Lomas      | 85     | 02:40:03 | M45       | Congleton Harriers         |
| 32       | Stephen Morran   | 98     | 02:40:14 | M60       | Northern Masters           |
| 33       | Rory Harris      | 153    | 02:41:03 | M         | Unattached                 |
| 34       | Les Footitt      | 174    | 02:41:24 | M50       | Unattached                 |
| 35       | Andrew Hunter    | 2      | 02:41:25 | M40       | Beeston AC                 |
| 36       | Oliver Cook      | 133    | 02:41:27 | M45       | Long Eaton RC              |
| 37       | Julian Brown     | 78     | 02:41:39 | M50       | Macclesfield Harriers      |
| 38       | David whitfield  | 113    | 02:41:52 | M45       | Unattached                 |
| 39       | John Bristow     | 74     | 02:42:04 | M40       | Unattached                 |
| 40       | Simon Bayliss    | 70     | 02:42:19 | M50       | Steel City Striders        |
| 41       | Warren Renkel    | 67     | 02:42:45 | M         | South Cheshire Harriers    |
| 42       | Matt Jackson     | 100    | 02:42:52 | M         | North Derbyshire           |
| 43       | David Brockbank  | 112    | 02:43:05 | M40       | Unattached                 |
| 44       | Nick Jones       | 110    | 02:43:38 | M40       | Buxton AC                  |
| 45       | Alex Heron       | 166    | 02:43:47 | M         | Beeston AC                 |
| 46       | Tom Pape         | 171    | 02:44:38 | M40       | Dark Peak FR               |
| 47       | Mary Gillig      | 19     | 02:45:10 | L         | Clwydian Range             |
| 48       | Simon Archer     | 75     | 02:45:53 | M50       | Unattached                 |
| 49       | Paul Freeman     | 38     | 02:47:53 | M         | Rucksack Club              |
| 50       | Nick Fowler      | 101    | 02:48:01 | M         | Clowne Road Runners        |
| 51       | Richard Bouglas  | 108    | 02:48:32 | M         | Buxton AC                  |
| 52       | David Madden     | 190    | 02:49:27 | M45       | Unattached                 |
| 53       | Graham Brown     | 61     | 02:49:36 | M45       | Macclesfield Harriers      |
| 54       | Tyrrell Basson   | 90     | 02:49:50 | M40       | Dark Peak FR               |
| 55       | Craig Hewitt     | 92     | 02:49:51 | M         | Congleton Harriers         |

| Position | Name                | Bib No | Time     | Vet Class | Club                        |
|----------|---------------------|--------|----------|-----------|-----------------------------|
| 56       | Vincent Baker       | 102    | 02:50:24 | M         | Walkley Warriors            |
| 57       | David Johnston      | 65     | 02:50:59 | M55       | Mercia FR                   |
| 58       | Carl Bedson         | 46     | 02:51:17 | M45       | Glossopdale Harriers        |
| 59       | Daniel Rawson       | 97     | 02:51:18 | M         | Beeston AC                  |
| 60       | Steve Swallow       | 58     | 02:51:22 | M45       | Macclesfield Harriers       |
| 61       | Ian Shaw            | 130    | 02:51:26 | M50       | Fatboys RC                  |
| 62       | Barnaby Crawshaw    | 181    | 02:51:33 | M         | Pennine FR                  |
| 63       | Jason George        | 252    | 02:51:34 | M40       | Unattached                  |
| 64       | Chris Jordan        | 126    | 02:51:44 | M40       | Belper Harriers             |
| 65       | Mike Obrien         | 118    | 02:52:05 | M         | South Cheshire Harriers     |
| 66       | Jack Foxall         | 187    | 02:52:09 | M         | Dark Peak FR                |
| 67       | Andy Buck           | 69     | 02:52:15 | M55       | Steel City Striders         |
| 68       | Ingrid Storm        | 192    | 02:52:32 | L         | Chorlton Runners            |
| 69       | Andrew Mothershaw   | 180    | 02:52:36 | M         | Beeston AC                  |
| 70       | Nicholas Holmes     | 15     | 02:52:43 | M55       | Tattenhall Runners          |
| 71       | David Wass          | 8      | 02:52:57 | M45       | Worksop Harriers            |
| 72       | Kate Davies         | 167    | 02:53:24 | L         | Unattached                  |
| 73       | Ed Godber           | 172    | 02:53:32 | M         | Heanor RC                   |
| 74       | Geoff Cooper        | 13     | 02:53:36 | M45       | Ripley RC                   |
| 75       | Christian Blackwell | 182    | 02:53:41 | M40       | Unattached                  |
| 76       | Nick Burns          | 73     | 02:53:43 | M45       | Steel City Striders         |
| 77       | Lee Wilkinson       | 62     | 02:53:52 | M         | South Cheshire Harriers     |
| 78       | Dave Clark          | 155    | 02:54:05 | M         | Congleton Harriers          |
| 79       | Dakotah Shirfield   | 37     | 02:55:00 | L         | Chorlton Runners            |
| 80       | James McMyrtry      | 157    | 02:55:02 | M50       | Ashbourne RC                |
| 81       | Keith Holmes        | 17     | 02:55:25 | M60       | Dark Peak FR                |
| 82       | Steven KillingBeck  | 114    | 02:55:55 | M         | Unattached                  |
| 83       | Robert Cutting      | 76     | 02:56:15 | M40       | Fatboys RC                  |
| 84       | Sandy Mackenzie     | 7      | 02:56:44 | M45       | Mercia FR                   |
| 85       | Tom Hemmingway      | 149    | 02:57:01 | M         | Riverside Runners           |
| 86       | Richard Mead        | 137    | 02:57:03 | M45       | Dark Peak FR                |
| 87       | Iain Smith          | 260    | 02:57:09 | M45       | Buffalo Whippets AC         |
| 88       | Andrew Williams     | 151    | 02:57:12 | M50       | a                           |
| 89       | Tom Stoddart        | 79     | 02:57:19 | M         | Unattached                  |
| 90       | James Ward          | 43     | 02:57:36 | M50       | Unattached                  |
| 91       | Peter Eccleston     | 136    | 02:58:00 | M         | Dark Peak FR                |
| 92       | David Sexton        | 1      | 02:58:04 | M40       | Settle Harriers             |
| 93       | Katie Latham        | 194    | 02:58:36 | L         | South Cheshire Harriers     |
| 94       | Catherine Wilson    | 179    | 02:59:04 | L         | Beeston AC                  |
| 95       | Barry Blyth         | 53     | 02:59:22 | M65       | Macclesfield Harriers       |
| 96       | Lee Caves           | 199    | 02:59:59 | M         | Centurion RC                |
| 97       | Donald OBrien       | 173    | 03:00:10 | M60       | Buxton AC                   |
| 98       | Alison wainwright   | 196    | 03:00:56 | L45       | Dark Peak FR                |
| 99       | Helen Stokes        | 93     | 03:01:18 | L         | Mercia FR                   |
| 100      | Tim Lovatt          | 189    | 03:01:22 | M         | Unattached                  |
| 101      | Martin Ward         | 94     | 03:01:29 | M40       | Buxton AC                   |
| 102      | Iain Prentice       | 253    | 03:01:39 | M45       | Ludlow Runners              |
| 103      | David Follet        | 9      | 03:02:18 | M45       | Mow Cop Runners             |
| 104      | Steve Macha         | 72     | 03:02:26 | M50       | Boalloy RC                  |
| 105      | Tim Lewis           | 117    | 03:03:11 | M         | Unattached                  |
| 106      | Steven Crowe        | 195    | 03:04:03 | M         | South Cheshire Harriers     |
| 107      | Amy Grace           | 193    | 03:04:04 | L         | South Cheshire Harriers     |
| 108      | Tom Whittington     | 258    | 03:04:11 | M40       | Macclesfield Harriers       |
| 109      | Joe De Sousa        | 176    | 03:04:14 | M45       | Macclesfield Harriers       |
| 110      | David Coleshill     | 139    | 03:04:26 | M45       | Dark Peak FR                |
| 111      | Andy Green          | 164    | 03:04:36 | M45       | Denbigh Dale                |
| 112      | Clare Griffin       | 49     | 03:04:39 | L40       | Macclesfield Harriers       |
| 113      | Tim Melville        | 177    | 03:04:50 | M         | Uttoxeter Road Runners      |
| 114      | Andy Virgin         | 148    | 03:05:05 | M40       | Handsworth Roadhogs         |
| 115      | Gary Fox            | 33     | 03:05:09 | M45       | Beeston AC                  |
| 116      | Tim Jayes           | 34     | 03:05:28 | M45       | Kimberley District Striders |
| 117      | Sophie Kirk         | 81     | 03:05:48 | L         | Macclesfield Harriers       |

| Position | Name               | Bib No | Time     | Vet Class | Club                     |
|----------|--------------------|--------|----------|-----------|--------------------------|
| 118      | Colin Wilshaw      | 111    | 03:06:12 | M50       | Pennine FR               |
| 119      | Gillian Lindsey    | 56     | 03:06:21 | L45       | Macclesfield Harriers    |
| 120      | Mike Symons        | 64     | 03:06:24 | M45       | Manchester YMCA Harriers |
| 121      | Chris Horsfall     | 141    | 03:06:40 | M60       | Handsworth Roadhogs      |
| 122      | Neil Hincle        | 63     | 03:07:14 | M60       | FRA                      |
| 123      | Wayne Smithurst    | 12     | 03:08:56 | M40       | Ripley RC                |
| 124      | Kristen Heath      | 83     | 03:09:57 | L         | Shaftesbury Harriers     |
| 125      | William Parkinson  | 132    | 03:10:37 | M         | Unattached               |
| 126      | Malcom Busfield    | 156    | 03:11:21 | M45       | Ashbourne RC             |
| 127      | James Fletcher     | 77     | 03:11:31 | M         | Steel City Striders      |
| 128      | Neil colquhoun     | 170    | 03:13:23 | M         | Unattached               |
| 129      | Joseph Wall        | 21     | 03:14:12 | M55       | Unattached               |
| 130      | Mandy Calvert      | 96     | 03:14:42 | L50       | Macclesfield Harriers    |
| 131      | Peter Richardson   | 104    | 03:15:14 | M         | Cheadle RC               |
| 132      | Simon Gregory      | 22     | 03:15:21 | M40       | Clowne Road Runners      |
| 133      | Stephen Burt       | 120    | 03:15:29 | M45       | Dark Peak FR             |
| 134      | Patrick Phelan     | 29     | 03:15:41 | M50       | Unattached               |
| 135      | Louise Staples     | 255    | 03:15:56 | L45       | Unattached               |
| 136      | Pat Kinch          | 254    | 03:15:57 | M50       | Churnet Valley Tri       |
| 137      | David Ahearn       | 47     | 03:16:11 | M         | Unattached               |
| 138      | Peter Fieldson     | 30     | 03:17:16 | M55       | Lincoln Wellington AC    |
| 139      | Daniel Knowles     | 198    | 03:17:25 | M45       | Unattached               |
| 140      | Tim Billington     | 124    | 03:18:01 | M50       | Wilmslow RC              |
| 141      | Martin Hulse       | 183    | 03:18:03 | M40       | Unattached               |
| 142      | Steph Wood         | 80     | 03:18:18 | L45       | Macclesfield Harriers    |
| 143      | Richard Bland      | 159    | 03:18:19 | M55       | Ashbourne RC             |
| 144      | Joanne Moss        | 54     | 03:18:20 | L45       | Congleton Harriers       |
| 145      | Richard Bissell    | 147    | 03:18:31 | M50       | Unattached               |
| 146      | Alastair Stringer  | 262    | 03:19:36 | M         | USMC                     |
| 147      | Paul Shenton       | 3      | 03:19:37 | M         | Stoke Fit                |
| 148      | Fred Wardle        | 109    | 03:20:32 | M60       | Macclesfield Harriers    |
| 149      | Kenny Turner       | 142    | 03:21:19 | M55       | Dark Peak FR             |
| 150      | Phillip Abram      | 16     | 03:21:42 | M45       | Tattenhall Runners       |
| 151      | Nick Stainforth    | 160    | 03:21:45 | M40       | Duckhouse FR             |
| 152      | Peter night        | 88     | 03:21:46 | M40       | Penistone FR             |
| 153      | David Gould        | 52     | 03:22:07 | M60       | Mercia FR                |
| 154      | Drew Savage        | 265    | 03:22:27 | M40       | Chorlton Runners         |
| 155      | Richard Green      | 35     | 03:22:34 | M45       | Shelton Striders         |
| 156      | David Patrick      | 152    | 03:22:57 | M50       | Ashbourne RC             |
| 157      | Martin Cortvriend  | 259    | 03:23:02 | M60       | Denbigh Harriers         |
| 158      | Martin Rands       | 95     | 03:23:10 | M50       | Macclesfield Harriers    |
| 159      | M Rawlinson        | 264    | 03:24:05 | M50       | Unattached               |
| 160      | Chris Cripps       | 51     | 03:25:57 | M40       | Macclesfield Harriers    |
| 161      | Leigh Harris       | 165    | 03:26:12 | M40       | Uttoxeter Road Runners   |
| 162      | Andrew Sadler      | 28     | 03:26:16 | M         | Unattached               |
| 163      | David Walsh        | 200    | 03:26:39 | M55       | Redhill Road Runners     |
| 164      | Arron Jackson      | 10     | 03:26:54 | M45       | Worksop Harriers         |
| 165      | Deb Cripps         | 50     | 03:27:03 | L45       | Blengdale Runners        |
| 166      | Den Masset         | 55     | 03:27:10 | L50       | Macclesfield Harriers    |
| 167      | Andy Heading       | 91     | 03:27:19 | M50       | White Peak FR            |
| 168      | Andrew Dodd        | 115    | 03:28:12 | M45       | Unattached               |
| 169      | Marc Recoquille    | 134    | 03:29:16 | M40       | Unattached               |
| 170      | Maurice Hemmingway | 150    | 03:30:01 | M60       | Riverside Runners        |
| 171      | Andrew Deaville    | 184    | 03:31:07 | M40       | South Cheshire Harriers  |
| 172      | Emma Heath         | 185    | 03:31:08 | L         | South Cheshire Harriers  |
| 173      | Andy Twiss         | 186    | 03:32:07 | M         | South Cheshire Harriers  |
| 174      | Debbie Hill        | 144    | 03:32:15 | L55       | Congleton Harriers       |
| 175      | Paul Hunt          | 125    | 03:34:06 | M50       | Goyt Valley Striders     |
| 176      | Ross Murdoch       | 191    | 03:35:19 | M         | Chorlton Runners         |
| 177      | Emma Beveridge     | 60     | 03:35:24 | L45       | Macclesfield Harriers    |
| 178      | Jill Davies        | 57     | 03:36:25 | L60       | Saddleworth Runners      |
| 179      | Rachel Farrow      | 32     | 03:37:49 | L         | Shelton Striders         |

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|----------|------------------|--------|----------|-----------|----------------------------|
| 180      | Andy Bradley     | 31     | 03:37:50 | M60       | Ripley RC                  |
| 181      | Tim Charmley     | 14     | 03:38:50 | M50       | t                          |
| 182      | Phillip Dawson   | 146    | 03:39:28 | M60       | Congleton Harriers         |
| 183      | Paul Horsfall    | 36     | 03:41:24 | M60       | Handsworth Roadhogs        |
| 184      | Steven Corden    | 48     | 03:42:20 | M         | Staffordshire Moorlands AC |
| 185      | Polly Kennelley  | 138    | 03:42:53 | L45       | Congleton Harriers         |
| 186      | Carolyn Whittle  | 161    | 03:43:08 | L40       | Goyt Valley Striders       |
| 187      | Charlie Rowlands | 86     | 03:43:09 | M45       | South Cheshire Harriers    |
| 188      | Paul Oldfield    | 20     | 03:46:10 | M55       | Clwydian Range             |
| 189      | Suzanne Roebuck  | 143    | 03:51:30 | L45       | Congleton Harriers         |
| 190      | Michelle Stevens | 4      | 03:51:30 | L         | Congleton Harriers         |
| 191      | Gary Guest       | 169    | 03:53:29 | M50       | Unattached                 |
| 192      | Tim Raynor       | 163    | 03:53:30 | M50       | Mansfield Harriers         |
| 193      | Simon Bray       | 68     | 03:53:33 | M45       | Sinfin RC                  |
| 194      | Simon Cartledge  | 175    | 03:55:15 | M45       | Macclesfield Harriers      |
| 195      | Darren Burns     | 71     | 03:56:18 | M50       | Fell Ponies                |
| 196      | Rob Bailey       | 59     | 03:56:28 | M45       | Macclesfield Harriers      |
| 197      | Christian Hook   | 119    | 03:58:21 | M40       | Wilmslow RC                |
| 198      | Bernard McCarron | 116    | 03:58:23 | M50       | Wilmslow RC                |
| 199      | Ronnie Haydon    | 154    | 03:58:33 | L50       | Kent AC                    |
| 200      | Ian Beckingham   | 162    | 03:59:25 | M50       | Redhill Road Runners       |
| 201      | Stuart Mason     | 168    | 03:59:26 | M50       | Unattached                 |
| 202      | Brian Barnes     | 39     | 03:59:32 | M55       | Chorlton Runners           |
| 203      | Philip Harries   | 45     | 04:00:14 | M50       | Derby AC                   |
| 204      | Paul Stevenson   | 6      | 04:01:08 | M55       | Sinfin RC                  |
| 205      | Colin Bostock    | 5      | 04:06:32 | M60       | Long Eaton RC              |
| 206      | Angus Tennant    | 44     | 04:16:25 | M50       | Macclesfield Harriers      |
| 207      | Sarah Stephenson | 40     | 04:19:01 | L         | Chorlton Runners           |
| 208      | Sharon Basford   | 123    | 04:19:02 | L40       | Tattenhall Runners         |
| 209      | Andrew McRae     | 23     | 04:36:39 | M60       | Lakeside Lincoln           |
| 210      | Alan Hewett      | 25     | 04:36:40 | M50       | Lakeside Lincoln           |
| 211      | Joanne Stocks    | 251    | 04:36:53 | L         | Redhill Road Runners       |
| 212      | Joanna Boyle     | 66     | 04:37:48 | L40       | Unattached                 |
| 213      | Paul Page        | 106    | 04:46:26 | M45       | Beeston AC                 |
| 214      | Penny Page       | 105    | 04:47:08 | L45       | Beeston AC                 |