

Results for : The Roaches  
 Distance : 15 Miles  
 Date : Sunday, 13. November 2016



**Mow Cop Runners**

Position	Name	Bib No	Time	Vet Class	Club
1	Jack Ross	11	02:08:26	M	Staffordshire Moorlands AC
2	Nat Winfield	256	02:14:50	M	Pennine FR
3	Pete Vale	135	02:14:57	M40	Mercia FR
4	Jordan Street	24	02:18:55	M	Clowne Road Runners
5	Daniel Page	99	02:19:08	M	Clowne Road Runners
6	Matthew Basnett	257	02:20:25	M	Mow Cop Runners
7	Michael Betz	82	02:20:55	M	Shrewsbury AC
8	Tom Bush	188	02:22:15	M	Pennine FR
9	Nick Corker	107	02:22:27	M40	Royal Sutton Coldfield AC
10	Jim Ohara	122	02:23:04	M	Helsby
11	Richard Houghton	27	02:24:59	M50	Pennine FR
12	Andy Davies	26	02:27:29	M50	Mercia FR
13	Jeremy Fellick	41	02:27:44	M50	Wallasey
14	Ian Ridgeway	42	02:28:13	M	Unattached
15	Paul Swindles	178	02:28:18	M	Pennine FR
16	Neil Walker	145	02:29:02	M	Altringham
17	Louis Bizel	87	02:30:53	M	Trailer de Grenoble
18	Dan Croft	121	02:31:05	M50	Macclesfield Harriers
19	Andy Ford	131	02:31:11	M	Horwich RMI
20	Philip Shaw	127	02:34:22	M50	Mansfield Harriers
21	Ben Kelsey	263	02:34:27	M	USMC
22	Pete Nield	89	02:34:42	M40	Macclesfield Harriers
23	Alan Billington	128	02:34:52	M45	Belper Harriers
24	Jonathan Hardman	84	02:35:02	M	Cheshire Hill Racers
25	Arthur Raffel	129	02:35:33	M	Altringham
26	Darren Hawkins	103	02:35:36	M50	Pennine FR
27	David Robicette	261	02:35:41	M	USMC
28	Chris Barnes	140	02:37:00	M40	Mersey Tri
29	Seamus White	158	02:39:32	M40	Staffordshire Moorlands AC
30	James Pierce	197	02:39:54	M40	Unattached
31	Bryan Lomas	85	02:40:03	M45	Congleton Harriers
32	Stephen Morran	98	02:40:14	M60	Northern Masters
33	Rory Harris	153	02:41:03	M	Unattached
34	Les Footitt	174	02:41:24	M50	Unattached
35	Andrew Hunter	2	02:41:25	M40	Beeston AC
36	Oliver Cook	133	02:41:27	M45	Long Eaton RC
37	Julian Brown	78	02:41:39	M50	Macclesfield Harriers
38	David whitfield	113	02:41:52	M45	Unattached
39	John Bristow	74	02:42:04	M40	Unattached
40	Simon Bayliss	70	02:42:19	M50	Steel City Striders
41	Warren Renkel	67	02:42:45	M	South Cheshire Harriers
42	Matt Jackson	100	02:42:52	M	North Derbyshire
43	David Brockbank	112	02:43:05	M40	Unattached
44	Nick Jones	110	02:43:38	M40	Buxton AC
45	Alex Heron	166	02:43:47	M	Beeston AC
46	Tom Pape	171	02:44:38	M40	Dark Peak FR
47	Simon Archer	75	02:45:53	M50	Unattached
48	Paul Freeman	38	02:47:53	M	Rucksack Club
49	Nick Fowler	101	02:48:01	M	Clowne Road Runners
50	Richard Bouglas	108	02:48:32	M	Buxton AC
51	David Madden	190	02:49:27	M45	Unattached
52	Graham Brown	61	02:49:36	M45	Macclesfield Harriers
53	Tyrrell Basson	90	02:49:50	M40	Dark Peak FR
54	Craig Hewitt	92	02:49:51	M	Congleton Harriers
55	Vincent Baker	102	02:50:24	M	Walkley Warriors

Position	Name	Bib No	Time	Vet Class	Club
56	David Johnston	65	02:50:59	M55	Mercia FR
57	Carl Bedson	46	02:51:17	M45	Glossopdale Harriers
58	Daniel Rawson	97	02:51:18	M	Beeston AC
59	Steve Swallow	58	02:51:22	M45	Macclesfield Harriers
60	Ian Shaw	130	02:51:26	M50	Fatboys RC
61	Barnaby Crawshaw	181	02:51:33	M	Pennine FR
62	Jason George	252	02:51:34	M40	Unattached
63	Chris Jordan	126	02:51:44	M40	Belper Harriers
64	Mike Obrien	118	02:52:05	M	South Cheshire Harriers
65	Jack Foxall	187	02:52:09	M	Dark Peak FR
66	Andy Buck	69	02:52:15	M55	Steel City Striders
67	Andrew Mothershaw	180	02:52:36	M	Beeston AC
68	Nicholas Holmes	15	02:52:43	M55	Tattenhall Runners
69	David Wass	8	02:52:57	M45	Worksop Harriers
70	Ed Godber	172	02:53:32	M	Heanor RC
71	Geoff Cooper	13	02:53:36	M45	Ripley RC
72	Christian Blackwell	182	02:53:41	M40	Unattached
73	Nick Burns	73	02:53:43	M45	Steel City Striders
74	Lee Wilkinson	62	02:53:52	M	South Cheshire Harriers
75	Dave Clark	155	02:54:05	M	Congleton Harriers
76	James McMyrtry	157	02:55:02	M50	Ashbourne RC
77	Keith Holmes	17	02:55:25	M60	Dark Peak FR
78	Steven KillingBeck	114	02:55:55	M	Unattached
79	Robert Cutting	76	02:56:15	M40	Fatboys RC
80	Sandy Mackenzie	7	02:56:44	M45	Mercia FR
81	Tom Hemmingway	149	02:57:01	M	Riverside Runners
82	Richard Mead	137	02:57:03	M45	Dark Peak FR
83	Iain Smith	260	02:57:09	M45	Buffalo Whippets AC
84	Andrew Williams	151	02:57:12	M50	a
85	Tom Stoddart	79	02:57:19	M	Unattached
86	James Ward	43	02:57:36	M50	Unattached
87	Peter Eccleston	136	02:58:00	M	Dark Peak FR
88	David Sexton	1	02:58:04	M40	Settle Harriers
89	Barry Blyth	53	02:59:22	M65	Macclesfield Harriers
90	Lee Caves	199	02:59:59	M	Centurion RC
91	Donald OBrien	173	03:00:10	M60	Buxton AC
92	Tim Lovatt	189	03:01:22	M	Unattached
93	Martin Ward	94	03:01:29	M40	Buxton AC
94	Iain Prentice	253	03:01:39	M45	Ludlow Runners
95	David Follet	9	03:02:18	M45	Mow Cop Runners
96	Steve Macha	72	03:02:26	M50	Boalloy RC
97	Tim Lewis	117	03:03:11	M	Unattached
98	Steven Crowe	195	03:04:03	M	South Cheshire Harriers
99	Tom Whittington	258	03:04:11	M40	Macclesfield Harriers
100	Joe De Sousa	176	03:04:14	M45	Macclesfield Harriers
101	David Coleshill	139	03:04:26	M45	Dark Peak FR
102	Andy Green	164	03:04:36	M45	Denbigh Dale
103	Tim Melville	177	03:04:50	M	Uttoxeter Road Runners
104	Andy Virgin	148	03:05:05	M40	Handsworth Roadhogs
105	Gary Fox	33	03:05:09	M45	Beeston AC
106	Tim Jayes	34	03:05:28	M45	Kimberley District Striders
107	Colin Wilshaw	111	03:06:12	M50	Pennine FR
108	Mike Symons	64	03:06:24	M45	Manchester YMCA Harriers
109	Chris Horsfall	141	03:06:40	M60	Handsworth Roadhogs
110	Neil Hincle	63	03:07:14	M60	FRA
111	Wayne Smithurst	12	03:08:56	M40	Ripley RC
112	William Parkinson	132	03:10:37	M	Unattached
113	Malcom Busfield	156	03:11:21	M45	Ashbourne RC
114	James Fletcher	77	03:11:31	M	Steel City Striders
115	Neil colquhoun	170	03:13:23	M	Unattached
116	Joseph Wall	21	03:14:12	M55	Unattached
117	Peter Richardson	104	03:15:14	M	Cheadle RC

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118	Simon Gregory	22	03:15:21	M40	Clowne Road Runners
119	Stephen Burt	120	03:15:29	M45	Dark Peak FR
120	Patrick Phelan	29	03:15:41	M50	Unattached
121	Pat Kinch	254	03:15:57	M50	Churnet Valley Tri
122	David Ahearn	47	03:16:11	M	Unattached
123	Peter Fieldson	30	03:17:16	M55	Lincoln Wellington AC
124	Daniel Knowles	198	03:17:25	M45	Unattached
125	Tim Billington	124	03:18:01	M50	Wilmslow RC
126	Martin Hulse	183	03:18:03	M40	Unattached
127	Richard Bland	159	03:18:19	M55	Ashbourne RC
128	Richard Bissell	147	03:18:31	M50	Unattached
129	Alastair Stringer	262	03:19:36	M	USMC
130	Paul Shenton	3	03:19:37	M	Stoke Fit
131	Fred Wardle	109	03:20:32	M60	Macclesfield Harriers
132	Kenny Turner	142	03:21:19	M55	Dark Peak FR
133	Phillip Abram	16	03:21:42	M45	Tattenhall Runners
134	Nick Stainforth	160	03:21:45	M40	Duckhouse FR
135	Peter night	88	03:21:46	M40	Penistone FR
136	David Gould	52	03:22:07	M60	Mercia FR
137	Drew Savage	265	03:22:27	M40	Chorlton Runners
138	Richard Green	35	03:22:34	M45	Shelton Striders
139	David Patrick	152	03:22:57	M50	Ashbourne RC
140	Martin Cortvriend	259	03:23:02	M60	Denbigh Harriers
141	Martin Rands	95	03:23:10	M50	Macclesfield Harriers
142	M Rawlinson	264	03:24:05	M50	Unattached
143	Chris Cripps	51	03:25:57	M40	Macclesfield Harriers
144	Leigh Harris	165	03:26:12	M40	Uttoxeter Road Runners
145	Andrew Sadler	28	03:26:16	M	Unattached
146	David Walsh	200	03:26:39	M55	Redhill Road Runners
147	Arron Jackson	10	03:26:54	M45	Worksop Harriers
148	Andy Heading	91	03:27:19	M50	White Peak FR
149	Andrew Dodd	115	03:28:12	M45	Unattached
150	Marc Recoquille	134	03:29:16	M40	Unattached
151	Maurice Hemmingway	150	03:30:01	M60	Riverside Runners
152	Andrew Deaville	184	03:31:07	M40	South Cheshire Harriers
153	Andy Twiss	186	03:32:07	M	South Cheshire Harriers
154	Paul Hunt	125	03:34:06	M50	Goyt Valley Striders
155	Ross Murdoch	191	03:35:19	M	Chorlton Runners
156	Andy Bradley	31	03:37:50	M60	Ripley RC
157	Tim Charmley	14	03:38:50	M50	t
158	Phillip Dawson	146	03:39:28	M60	Congleton Harriers
159	Paul Horsfall	36	03:41:24	M60	Handsworth Roadhogs
160	Steven Corden	48	03:42:20	M	Staffordshire Moorlands AC
161	Charlie Rowlands	86	03:43:09	M45	South Cheshire Harriers
162	Paul Oldfield	20	03:46:10	M55	Clwydian Range
163	Gary Guest	169	03:53:29	M50	Unattached
164	Tim Raynor	163	03:53:30	M50	Mansfield Harriers
165	Simon Bray	68	03:53:33	M45	Sinfin RC
166	Simon Cartledge	175	03:55:15	M45	Macclesfield Harriers
167	Darren Burns	71	03:56:18	M50	Fell Ponies
168	Rob Bailey	59	03:56:28	M45	Macclesfield Harriers
169	Christian Hook	119	03:58:21	M40	Wilmslow RC
170	Bernard McCarron	116	03:58:23	M50	Wilmslow RC
171	Ian Beckingham	162	03:59:25	M50	Redhill Road Runners
172	Stuart Mason	168	03:59:26	M50	Unattached
173	Brian Barnes	39	03:59:32	M55	Chorlton Runners
174	Philip Harries	45	04:00:14	M50	Derby AC
175	Paul Stevenson	6	04:01:08	M55	Sinfin RC
176	Colin Bostock	5	04:06:32	M60	Long Eaton RC
177	Angus Tennant	44	04:16:25	M50	Macclesfield Harriers
178	Andrew McRae	23	04:36:39	M60	Lakeside Lincoln
179	Alan Hewett	25	04:36:40	M50	Lakeside Lincoln

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180	Paul Page	106	04:46:26	M45	Beeston AC