

Results for : The Roaches  
 Distance : 15 Miles  
 Date : Sunday, 8. November 2015



Mow Cop Runners

Male M

Position	Name	Time	Club
1	Dave Lund	02:16:28	Dark Peak FR
2	Mark Ollerenshaw	02:16:30	Glossopdale
3	Andrew Stuart	02:19:22	Beeston AC
4	Ian Miles	02:19:36	Pennine FR
5	Max Wainwright	02:22:08	Dark Peak FR
6	Tom Bush	02:23:00	Pennine FR
7	Richard James	02:30:39	Unattached
8	Warren Renkel	02:31:54	South Cheshire Harriers
9	Dan Pettitt	02:32:29	Alehouse
10	Simon Douglas	02:33:25	Unattached
11	Ben Tetler	02:33:34	Glossopdale
12	Chris Atherton	02:34:48	Ambleside Ac
13	Neil Walker	02:35:37	Altrincham AC
14	Samuel Williams	02:36:21	Dark Peak FR
15	Tim Culshaw	02:38:22	Glossopdale
16	Richard Hudson	02:40:28	Unattached
17	Simon OMeara	02:40:34	Alehouse
18	Benjamin Wolstenholme	02:41:05	Saddleworth Runners
19	Darren Honeyford	02:41:55	Unattached
20	Wain Marsh	02:42:00	FRA
21	Tom OBeirne	02:44:29	Belgrave Harriers
22	Caspar Le Fanu	02:44:30	Belgrave Harriers
23	Robert Goodman	02:45:32	Bowline Climbing
24	Mark Taylor	02:49:53	Congleton Harriers
25	Ben Hobson	02:50:27	Chorlton Runners
26	Robert Sharkey	02:52:14	Lostock AC
27	Matthew Hamer	02:57:22	Alehouse
28	Peter Eccleston	02:57:44	Dark Peak FR
29	Rob Meaden	03:02:00	Little Eaton Hornets
30	Adam Bleakman	03:03:15	DFRS Rams
31	Jamie Walker-Jones	03:06:59	Holme Pierrepont RC
32	Lee Wilkinson	03:12:37	South Cheshire Harriers
33	David Askew	03:24:14	Shelton Striders
34	Jimmy Sheldon	03:27:32	Hyde Park Harriers
35	Andrew Sadler	03:29:58	Unattached
36	Joshua Bell	03:29:59	Unattached
37	Aleks Kasheh	03:42:35	Buxton AC
38	Michael Towners	04:03:03	Porter Valley Runners
39	Tim Melville	12:59:59	Uttoxeter RR

Male M40

Position	Name	Time	Club
1	Karl Gray	02:04:54	Calder Valley
2	Tim Werrett	02:16:26	Mercia RC
3	Jonathan Newey	02:19:04	Mercia RC
4	Digby Harris	02:25:46	Pennine FR
5	Neil Pettie	02:27:31	Goyt Valley Striders
6	Jeremy Fellick	02:29:14	Wallasey AC
7	Matt Schiven	02:32:04	Mercia RC
8	Alan Billington	02:33:43	Belper Harriers
9	Dave Sykes	02:39:04	Dark Peak FR
10	Steve Swallow	02:39:41	Macclesfield Harriers
11	David Brockbank	02:40:30	Unattached
12	David Bailey	02:41:10	Boxfit
13	Gavin Brookes	02:41:22	South Cheshire Harriers
14	Matt Lewis	02:42:54	Macclesfield Harriers
15	David Whitfield	02:43:10	Unattached
16	David Rennie	02:44:55	West End
17	Mr White	02:48:18	Glossopdale
18	Oliver Cook	02:50:19	Long Eaton RC
19	Jamie Rennie	02:50:35	West End
20	Martin Ward	02:50:56	Buxton AC
21	Adam Grew	02:54:20	Unattached

22	Nick Jones	02:55:58	Buxton AC
23	Matthew Grainge	02:57:38	Holme Pierrepont RC
24	David Follett	02:58:51	Mow Cop Runners
25	Robert Lennox	03:00:17	Little Eaton Hornets
26	Marcus Taylor	03:01:26	Burnden RR
27	Sandy Mackenzie	03:02:06	Mercia RC
28	David Pickering	03:03:22	Retford AC
29	Alistair Carns	03:03:55	Unattached
30	John Underwood	03:04:02	Calder Valley
31	Benjamin Cook	03:05:12	Unattached
32	Mark Shuttleworth	03:06:31	Lostock AC
33	Andrew Hubert	03:09:26	Unattached
34	Chris Cripps	03:09:53	Macclesfield Harriers
35	Simon Gregory	03:11:14	Clowne Road Runners
36	Peter Lloyd	03:12:38	South Cheshire Harriers
37	Andrew Fletcher	03:14:48	Mow Cop Runners
38	Andy Dines	03:15:34	Unattached
39	Tony Wardle	03:24:15	South Cheshire Harriers
40	Mark Clayton	03:24:20	Totley
41	Clive Hevey	03:24:58	Fell Ponies
42	Graham Brown	03:28:33	Macclesfield Harriers
43	Simon Harrison	03:30:35	Totley
44	Leigh Harris	03:34:05	Uttoxeter RR
45	James Williams	03:45:35	Macclesfield Harriers
46	Gary Cragg	03:46:18	Holme Pierrepont RC
47	Craig Edwards	03:47:03	Sandbach Striders
48	George Schirmer	04:30:50	Unattached

### Male M50

Position	Name	Time	Club
1	Darran Hawkins	02:37:05	Pennine FR
2	Bruce Owen	02:41:53	Pennine FR
3	Julian Brown	02:42:16	Macclesfield Harriers
4	David Harrison	02:45:11	Dark Peak FR
5	Tim Knight	02:47:22	Unattached
6	Noel Hogan	02:54:12	Mercia RC
7	Andy Buck	02:57:13	Steel City Striders
8	Kevin Minter	02:57:18	Totley
9	David Johnston	02:58:10	Mercia RC
10	Geoff Pettengell	02:59:49	Mow Cop Runners
11	Joseph Wall	03:00:10	Unattached
12	Glyn Sawford	03:02:46	Holme Pierrepont RC
13	Jerry Cook	03:03:46	Shephed RC
14	Peter Bailey	03:05:05	Buxton AC
15	Adrian Dodds	03:05:27	Lincoln Wellington AC
16	Steve Macha	03:09:11	Boalloy RC
17	Peter Fieldson	03:10:10	Lincoln Wellington AC
18	Max Howard	03:11:35	Retford AC
19	Martin Rands	03:18:39	Macclesfield Harriers
20	Andy Skelhorn	03:31:12	Macclesfield Harriers
21	Dave Allen	03:32:54	Dark Peak FR
22	Brian Fox	03:33:02	Unattached
23	Andy Bradley	03:34:54	Shelton Striders
24	Mark Checkley	03:37:12	Lostock AC
25	Colin Bostock	03:42:45	Long Eaton RC
26	Alan Wilcox	04:03:34	Northwich Running Club
27	Mark Rawlinson	12:59:59	FRA

### Male M60

Position	Name	Time	Club
1	Phil Grimes	02:44:48	Halifax Harriers
2	Keith Holmes	02:45:09	Dark Peak FR
3	Barry Blyth	02:55:08	Macclesfield Harriers
4	Graham Hobson	03:14:09	Garstang RC
5	David Gould	03:26:48	Mercia RC
6	Martin Harvey	03:27:13	Little Eaton Hornets
7	Nick Harris	03:27:46	Rossendale
8	Mick Bull	03:33:16	Middleton Harriers
9	Dave Thornton	03:35:55	Shelton Striders
10	Harry Sloan	03:35:57	Shelton Striders

## Female L

Position	Name	Time	Club
1	Zoe Procter	02:41:43	Pennine FR
2	Clare Oliffe	02:45:48	Dark Peak FR
3	Milly Voice	02:46:20	Unattached
4	Georgia Baynes	02:49:42	Alehouse
5	Helen Buchan	02:56:59	Calder Valley
6	Katie Latham	02:58:53	South Cheshire Harriers
7	Amy Durrant	02:59:59	South Cheshire Harriers
8	Sheridan McWilliam	03:03:17	Alehouse
9	Christina Pennock	03:03:36	Belgrave Harriers
10	Cecilia Cole	03:06:26	Alehouse
11	Kirsty-Jane Birch	03:24:57	Mow Cop Runners
12	Lucinda Stone	03:29:15	Staffordshire Moorlands AC
13	Lauren Williams	03:33:15	Middleton Harriers
14	Rachel Farrow	03:34:53	Shelton Striders
15	Ann Gould	03:46:17	Holme Pierrepont RC
16	Jennifer Tonkins	04:03:03	Unattached

## Female L40

Position	Name	Time	Club
1	Alison Wainwright	02:59:45	Dark Peak FR
2	Louise Gordon	03:17:59	South Cheshire Harriers
3	Barbara Clayton	03:24:19	Totley
4	Debs Cripps	03:24:45	Blengdale Runners
5	Ruth Brandon	03:26:58	Holme Pierrepont RC

## Female L50

Position	Name	Time	Club
1	Laraine Porter	03:24:00	West End
2	Clare Harris	03:45:17	Todmorden Harriers
3	Karen Mackintosh	04:03:34	Biddulph Running Club