

Results for : The Roaches
 Distance : 15 Miles
 Date : Sunday, 13. November 2011



Mow Cop Runners

Male M

Position	Name	Time	Club
1	Kim Collison	02:08:21	Eden Runners
2	Simon Harding	02:10:22	Macclesfield Harriers
3	Tim Werrett	02:14:56	Mercia FR
4	Tom Bush	02:16:12	Altrincham AC
5	Rob Grantham	02:16:35	Ellesmere Port
6	Aidan Linskill	02:17:53	Totley AC
7	Adam Stirk	02:18:11	Guildford and Godalming AC
8	Ian Symington	02:18:36	Macclesfield Harriers
9	Matthew Hulley	02:19:53	Dark Peak FR
10	Stuart Walker	02:19:54	Dark Peak FR
11	David Miller	02:23:35	Unattached
12	Shaun Cooper	02:24:20	Shelton Striders
13	Lewis Banton	02:24:26	Clowne RR
14	Matty Brennan	02:26:33	Erewash Valley RC
15	Neal Crampton	02:26:36	Pudsey and Bramley AC
16	Richard Hunt	02:27:02	Dark Peak FR
17	Peter Taylor	02:27:18	Unattached
18	Paul Woolhouse	02:29:38	Southwell RC
19	Ross Litherland	02:31:21	Macclesfield Harriers
20	Chris Jackson	02:31:52	Glossopdale Harriers
21	David Phillips	02:32:10	Unattached
22	Jason Phillips	02:34:30	Unattached
23	Wayne Collins	02:40:17	Unattached
24	David Rennie	02:40:41	West End
25	John Bristow	02:44:20	Malvern Joggers
26	Dirk Mikolajewski	02:44:33	Unattached
27	John Raho	02:44:34	Holcombe Harriers
28	Tim Reynolds	02:46:24	Unattached
29	Peter Carvell	02:47:35	Congleton Harriers
30	James Walker	02:48:33	Shelton Striders
31	John Robinson	02:49:47	Holmfirth Harriers
32	Tom Skelton	02:49:48	Glossopdale Harriers
33	Simon Webb	02:50:43	Unattached
34	Paul Pycroft	02:52:04	Dark Peak FR
35	Phil Abbott	02:52:07	Long Eaton RC
36	Chris Cripps	02:56:54	Macclesfield Harriers
37	Matt Pritchard	03:00:58	Mow Cop Runners
38	Toby Miller	03:02:41	Boalloy RC
39	David Broadbent	03:04:36	Sinfin RC
40	Wain Marsh	03:07:17	Mow Cop Runners
41	Alex Buckley	03:08:41	Shelton Striders
42	Rob Cole	03:09:03	Dark Peak FR
43	Steven Millar	03:10:45	Unattached
44	Bradley Crouch	03:11:38	Tewkesbury AC
45	Tim Ruck	03:13:29	Pennine
46	Richard Bickerton	03:21:26	Compton Harriers
47	Neville Palmer	03:24:45	Unattached
48	Jason Coyne	03:28:09	Unattached

Male M40

Position	Name	Time	Club
1	Jon Newey	02:18:23	Mercia FR
2	Anthony Bethell	02:22:39	Eryri Harriers
3	Tim Oakes	02:24:15	Dark Peak FR
4	Sean Willis	02:25:39	Saddleworth Runners
5	Digby Harris	02:28:44	Macclesfield Harriers
6	Mike Nelson	02:31:20	Macclesfield Harriers
7	Stephen Hawkins	02:31:32	Shelton Striders
8	Mark Traynor	02:32:52	Unattached
9	Jamie Rennie	02:33:46	West End
10	Marcel Darling	02:35:14	Unattached
11	Darren Fishwick	02:41:07	Chorley Harriers
12	Andy Kenyon	02:42:05	Erewash Valley RC

13	Ian Haigh	02:44:24	Southwell RC
14	John Taylor	02:51:35	Newport and District RC
15	Steve Woodward	02:52:06	Retford AC
16	Richard Andrews	02:53:51	Unattached
17	David Whitfield	02:57:41	Unattached
18	Sandy Mackenzie	02:58:50	Newport and District RC
19	Nick Kelly	02:59:49	Unattached
20	Bart Reid	03:04:30	Ivanhoe Runners
21	Chris Linney	03:10:19	Bedford Harriers
22	Lyndon Williams	03:10:23	Unattached
23	Stephen Picken	03:10:58	Unattached
24	Andrew Hubert	03:12:05	Unattached
25	Kevin Allerton	03:12:06	Stone Wheelers
26	Andrew Watson	03:12:29	Erewash Valley RC
27	Mark Cliff	03:12:30	Pennine
28	Darren Greene	03:14:18	Team Trisports
29	Neil Taylor	03:15:33	Skelmesdale Harriers
30	Andrew Bedwell	03:24:16	Tritalk.co.uk
31	Ronald Mackay	03:30:08	Spectrum Striders
32	Mark Harrison	03:31:16	Long Eaton RC
33	Timothy Sturla	03:45:31	Ivanhoe Runners
34	Anderw Adlesee	03:50:00	Dark Peak FR

Male M45

Position	Name	Time	Club
1	Darren Hawkins	02:26:05	Buxton AC
2	Peter Pollitt	02:28:28	Unattached
3	Andy Dickenson	02:31:36	Dark Peak FR
4	Mark Messenger	02:32:48	Macclesfield Harriers
5	Andrew Anastasi	02:34:46	Glossopdale Harriers
6	Ian Hughes	02:37:09	Macclesfield Harriers
7	Ian Beckingham	02:40:05	Redhill RR
8	Greg Rimmer	02:40:59	Dark Peak FR
9	Julian Bradbury	02:42:14	Mercia FR
10	Julian Brown	02:43:31	Macclesfield Harriers
11	Ned Lammas	02:43:56	Mercia FR
12	Ian Shaw	02:44:21	Southwell RC
13	Noel Hogan	02:45:16	Newport and District RC
14	Bruce Owen	02:45:47	Altrincham and District
15	Maurice Reid	02:48:27	Newport and District RC
16	Peter Clayton	02:49:04	Vale Royal AC
17	David Beerling	02:51:05	Dark Peak FR
18	Peter Davis	02:52:00	Goyt Valley Striders
19	David Malia	02:52:19	Mercia FR
20	Alex McCormick	02:52:44	Congleton Harriers
21	Tony Ryan	02:53:41	Unattached
22	Martin Yeomans	02:57:08	Ivanhoe Runners
23	David Pickering	02:57:14	Retford AC
24	Jon Legge	02:57:20	Springfield Striders RC
25	Richard Love	02:58:59	Malvern Joggers
26	Martin Rands	02:59:27	Macclesfield Harriers
27	Robin Jeffries	02:59:59	Unattached
28	Pete Robinson	03:02:59	Pennine
29	Anthony Horsfall	03:06:41	Handsworth Roadhogs
30	Kevin Mcque	03:12:12	Macclesfield Harriers
31	Steve Macha	03:13:14	Boalloy RC
32	Andrew Coles	03:14:20	Newport and District RC
33	Richard Howard	03:15:49	Denby Dale Travellers
34	Tim Charmley	03:16:10	Tattenhall Runners
35	Mark Checkley	03:16:46	Lostock AC
36	Nick Ham	03:18:50	Stockport Harriers
37	Mark Rawlinson	03:20:46	West End
38	Jeremy Hope	03:27:03	Derwent Runners
39	Chris Peach	03:29:43	Unattached
40	Charlie Eldred	03:31:22	Tattenhall Runners
41	Wayne Stevenson	03:43:35	Shelton Striders

Male M50

Position	Name	Time	Club
1	Julien Minshall	02:21:40	Glossopdale Harriers
2	Gavin Williams	02:26:55	Dark Peak FR
3	Paul Jeggo	02:35:02	Springfield Striders RC
4	Andrew Moore	02:36:11	Dark Peak FR

5	Martin Terry	02:37:44	Clayton
6	Martin Stocks	02:39:50	Dark Peak FR
7	Martin Frey	02:41:36	Compton Harriers
8	Nigel Aston	02:45:44	Unattached
9	Nicholas Holmes	02:48:15	Tattenhall Runners
10	Martyn Pollitt	02:51:51	Burden RR
11	Gary Platt	02:54:38	Chorley Harriers
12	Adrian Donnelly	02:57:02	Mercia FR
13	Max Howard	02:58:55	Retford AC
14	Stephen Hammond	03:01:14	Tattenhall Runners
15	Mark McDermott	03:02:40	Macclesfield Harriers
16	Paul Sellers	03:03:26	Congleton Harriers
17	Steve Wathall	03:05:28	Retford AC
18	John Walker	03:07:43	SMAC
19	Paul Kent	03:10:12	Cambridge Harriers
20	Philip Barnes	03:18:04	Macclesfield Harriers
21	John Moorehouse	03:25:07	Cheshire Hash House
22	E Connaughton	03:27:01	Dark Peak FR
23	Martin Dietrich	03:41:52	North York Moors AC
24	Peter Hill	03:45:46	Goyt Valley Striders

Male M55

Position	Name	Time	Club
1	Simon Daws	02:36:29	Telford AC
2	Keith Holmes	02:41:51	Dark Peak FR
3	Garry McMahon	02:45:53	Redhill RR
4	Brian Macfadyen	02:56:11	Macclesfield Harriers
5	John Currie	03:03:11	Mercia FR
6	Robert Buckley	03:10:07	Altrincham and District
7	Dave Clough	03:10:43	Long Eaton RC
8	Chris Horsfall	03:11:29	Handsworth Roadhogs
9	David Egan	03:13:24	Totley AC
10	Rick Robson	03:18:33	Mercia FR
11	John Williams	03:20:19	Springfield Striders RC
12	Peter Nobel	03:21:14	Lostock AC
13	Dave Walker	03:23:46	Macclesfield Harriers
14	Andrew Mcrae	03:43:21	Lincoln Lakeside
15	Bill Sheppard	03:46:46	Long Eaton RC

Male M60

Position	Name	Time	Club
1	Barry Blyth	02:38:21	Macclesfield Harriers
2	Ken Burgess	02:59:04	Altrincham and District
3	Richard Hopkinson	03:00:27	Dark Peak FR
4	Martin Sleath	03:03:10	White Peak FR
5	Geoff Gilbert	03:15:16	Wilmslow RC
6	Phil Blatch	03:19:42	Mercia FR
7	Ian Marshall	03:22:14	Cambridge Harriers
8	Phil Cheek	03:24:49	Macclesfield Harriers
9	Dave Nichols	03:28:42	Mercia FR
10	Raymond Migocz	03:43:03	Unattached
11	Chris Johnson	03:45:24	East Cheshire Harriers
12	Richard Scroop	03:49:16	Mercia FR

Female L

Position	Name	Time	Club
1	Jo Mayland	02:37:35	SMAC
2	Clare Griffin	02:56:55	Goyt Valley Striders
3	Rachael Lawrence	03:05:27	Macclesfield Harriers
4	Molly Whittall	03:09:49	White Nancy Boys
5	Katy Thornhill	03:11:40	Goyt Valley Striders
6	Haley Lever	03:17:33	Unattached
7	Claire Kirkham	03:19:30	Holcombe Harriers
8	Clare Barstow	03:26:03	Goyt Valley Striders
9	Prue Shelley	03:31:04	Newport and District RC
10	Suzanne Darke	03:32:24	Saddleworth Runners
11	Rachel Argent	03:49:34	Long Eaton RC
12	Vicky Yeomans	03:50:03	Long Eaton RC
13	Debbie Coleman	03:50:09	Long Eaton RC

Female L40

Position	Name	Time	Club
1	Sarah Colbert	02:50:46	Springfield Striders RC
2	Sheila Barbour	03:01:17	Mercia FR
3	Tessa Montague	03:11:04	Macclesfield Harriers
4	Deborah Carter	03:25:20	Unattached
5	Karen McDonald	03:27:19	Macclesfield Harriers
6	Fran Walker	03:30:35	Horwich
7	Lisa Harbord	03:31:14	Goyt Valley Striders

Female L45

Position	Name	Time	Club
1	Sarah Hammond	02:44:41	Tattenhall Runners
2	Isaline kneale	02:52:21	Burnden RR
3	Celia Mills	03:11:10	Calder Valley
4	Claire Mackellar	03:13:28	Stafford Harriers
5	Lydia Dietrich	03:41:53	North York Moors AC

Female L50

Position	Name	Time	Club
1	Lucy Gettins	02:58:18	Compton Harriers
2	Karen Nash	03:00:19	Preston Harriers
3	Lynda Howard	03:24:57	Retford AC
4	Sue Ellis	03:28:13	Tattenhall Runners
5	Catherine Rowe	03:43:38	Long Eaton RC
6	Tracy Vernon	04:25:10	Goyt Valley Striders