

Results for : Mow Cop Hill Race  
 Distance : 6.50 Miles  
 Date : Sunday, 17. April 2016



Mow Cop Runners

Position	Name	Bib No	Time	Vet Class	Club
1	Jack Ross	14	00:43:57	M	Staffordshire Moorlands
2	Felix McGrath	95	00:44:36	M	Westbury Harriers
3	Billy Cartwright	86	00:45:00	M	Matlock AC
4	Damian Nicholls	36	00:45:04	M	Wilmslow RC
5	Julian Goodwin	63	00:46:34	M40	Boalloy RC
6	Chris Jackson	89	00:49:25	M	Glossopdale
7	Jim OHara	131	00:50:09	M	Helsby RC
8	Pete Nield	61	00:51:37	M40	Macclesfield Harriers
9	Dan Croft	44	00:51:40	M40	Macclesfield Harriers
10	Jonathon Hoverman	142	00:51:41	M	Cheshire Hill Racers
11	Tim Lovatt	121	00:51:44	M	Unattached
12	Warren Renkil	71	00:52:23	M	South Cheshire Harriers
13	Tom McGaff	37	00:52:43	M60	Wilmslow RC
14	Dan Cook	30	00:52:54	M40	Steel City Striders
15	Chris Moss	74	00:53:01	M40	Congleton Harriers
16	Seamus White	83	00:53:09	M40	Staffordshire Moorlands
17	Chris Dawson	35	00:53:13	M	Salford Harriers
18	Mikko Kuronen	5	00:53:16	M50	Congleton Harriers
19	Graham Pilling	34	00:53:22	M	Pudsey and Bramley
20	Ben Beamont	23	00:53:28	M	Mercia FR
21	Allan McCormick	80	00:53:31	M	Wilmslow RC
22	Kenneth House	79	00:53:42	M	Boalloy RC
23	Dean Windsor	62	00:54:08	M	Boalloy RC
24	Matt Jackson	87	00:54:18	M	North Derbyshire RC
25	Craig Hewitt	135	00:54:22	M	Congleton Harriers
26	Tom Dale	113	00:54:28	M	Unattached
27	Richard Bouglas	118	00:54:29	M	Buxton AC
28	Matthew Taylor	129	00:54:45	M40	Wilmslow RC
29	Mike Hill	81	00:55:05	M50	Wilmslow RC
30	Ben Ratcliffe	94	00:55:20	M	Keele University AV
31	Dave Clark	145	00:55:22	M	Congleton Harriers
32	Colin Allott	146	00:55:27	M	Goyt Valley Striders
33	Jarrold .....	149	00:55:32	M40	Unattached
34	Stuart Rider	26	00:55:41	M	Congleton Harriers
35	Rachel Pilling	27	00:55:46	L	Pudsey and Bramley
36	Sam Cassidy	32	00:56:14	M	Unattached
37	Billy Parkinson	122	00:56:18	M	Unattached
38	Victoria Walls	93	00:56:32	L	Spectrum Striders RC
39	Steve Bunker	52	00:56:45	M50	Wilmslow RC
40	Lee Wilkinson	70	00:57:38	M	South Cheshire Harriers
41	Krzysztof Wawrzenczak	144	00:57:56	M	Unattached
42	Anthony Derbyshire	65	00:58:02	M40	Boalloy RC
43	Nick Jones	117	00:58:32	M40	Buxton AC
44	Neil Gerrity	88	00:58:33	M	Newcastle AC
45	Alan Bocking	19	00:58:58	M60	Cheshire Hill Racers
46	Rob Sharrock	98	00:59:22	M40	Newcastle Tri Club
47	Barry Blyth	40	00:59:29	M60	Macclesfield Harriers
48	Tom Grimes	114	00:59:31	M	Macclesfield Harriers
49	Mark Halsey	108	00:59:33	M40	Buxton AC
50	Carl Williams	109	00:59:52	M50	Boalloy RC
51	Peter Stock	51	00:59:54	M60	Wilmslow RC
52	Andrew Gaskell	7	00:59:59	M40	Spectrum Striders RC
53	Debbie Hope	84	01:00:13	L40	Staffordshire Moorlands
54	Peter Bailey	116	01:00:33	M50	Buxton AC
55	Richard Lawson	140	01:01:02	M40	Wilmslow RC

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56	Louisa Harrison	111	01:01:19	L40	Wilmslow RC
57	Jay Dale	143	01:01:34	M	Mow Cop Runners
58	Lee Campbell	59	01:01:51	M50	Boalloy RC
59	Andrea Frost	43	01:02:14	L40	Macclesfield Harriers
60	Paul Norris	31	01:02:19	M50	Wilmslow RC
61	Rich Bayliss	29	01:02:20	M40	Unattached
62	Liz Whitfield	6	01:02:36	L	Spectrum Striders RC
63	Steve Macha	60	01:02:37	M50	Boalloy RC
64	Andrew Barlow	148	01:02:40	M40	Boalloy RC
65	Andrew Deaville	124	01:02:42	M40	South Cheshire Harriers
66	Sophie Kirk	41	01:02:51	L	Macclesfield Harriers
67	Adam Morris	130	01:03:10	M	Stafford Harriers
68	Fred Wardle	39	01:03:14	M60	Macclesfield Harriers
69	Jo Moss	75	01:03:21	L40	Congleton Harriers
70	Tim Billington	100	01:03:36	M50	Wilmslow RC
71	Stephanie Wood	42	01:03:50	L40	Macclesfield Harriers
72	Kirstin Bailey	82	01:03:55	L40	Mercia FR
73	Kenny Forster	99	01:04:00	M50	Spectrum Striders RC
74	Gareth Trimble	8	01:04:26	M40	Wilmslow RC
75	Michelle Matthews	21	01:04:29	L	Congleton Harriers
76	Sam Shirley	137	01:04:59	M	Belper Harriers
77	Guy Shirley	136	01:05:15	M40	Unattached
78	David Gould	110	01:05:26	M60	Mercia FR
79	Sally Gilliver	97	01:05:32	L50	Wilmslow RC
80	Damon Freeston	38	01:05:58	M40	Unattached
81	Dave Heath	46	01:06:00	M50	Unattached
82	Carl Callean	77	01:06:05	M40	Stoke Fit
83	Stewart Waudby	54	01:06:08	M40	Macclesfield Harriers
84	Nicholas Budd	24	01:06:09	M50	Congleton Harriers
85	Alan Turner	101	01:06:17	M50	Wilmslow RC
86	Tom Russell	68	01:06:30	M40	Boalloy RC
87	Graham Barnes	85	01:06:34	M60	Unattached
88	Chris Cannon	49	01:06:42	M50	Wilmslow RC
89	Bernard McCarron	58	01:07:21	M50	Wilmslow RC
90	Amy Longmore	90	01:07:25	L	Wilmslow RC
91	Trevor Hibbert	104	01:07:31	M	Sinfin RC
92	Huma Rahman	112	01:07:34	L40	Wilmslow RC
93	Peter Flemming	126	01:07:39	M50	Unattached
94	Caroline Scott	103	01:07:46	L40	Sinfin RC
95	Simon Bray	9	01:08:03	M40	Sinfin RC
96	Sam Calvert	134	01:08:16	L40	Unattached
97	Sally Price	33	01:08:26	L	Wilmslow RC
98	Andrew Legomsky	125	01:08:49	M50	Stoke Fit
99	Andy Watts	2	01:09:00	M60	Wilmslow RC
100	Andrew Dodd	96	01:09:13	M40	Wilmslow RC
101	Karen Forster	147	01:09:21	L50	Spectrum Striders RC
102	Carolyn Hiron	57	01:09:24	L50	Wilmslow RC
103	Ross Gilmore	128	01:10:02	M	Unattached
104	Stephen Plant	72	01:10:16	M60	Staffordshire Moorlands
105	Fabian Lange	102	01:10:24	M	Unattached
106	Angela McCarthy	78	01:10:31	L50	Wilmslow RC
107	Sian Fern	133	01:10:34	L	Unattached
108	David Richards	127	01:11:25	M50	Formula One Circuit Crew
109	Damian Cowlshaw	115	01:11:34	M50	Long Eaton RC
110	Sarah Proudmore	67	01:11:49	L40	Boalloy RC
111	Mark Wheelton	15	01:11:53	M50	Macclesfield Harriers
112	Gail Hull	69	01:12:28	L40	Wilmslow RC
113	Richard Mackwaine	20	01:12:29	M50	Spectrum Striders RC
114	Dave Thompson	18	01:12:35	M50	Spectrum Striders RC
115	Neville Griffiths	17	01:12:43	M70	Spectrum Striders RC
116	Jo Owen	76	01:13:51	L	Stoke Fit
117	Christopher Pimblott	45	01:13:56	M60	Macclesfield Harriers

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118	Alison Sutch	66	01:14:04	L	Boalloy RC
119	Clare Hawkes	91	01:14:16	L50	Wilmslow RC
120	David Taylor	105	01:14:34	M60	Congleton Harriers
121	Rachael Peers	139	01:14:39	L	Wilmslow RC
122	Andrea Oneil	64	01:14:45	L40	Boalloy RC
123	Brian Wassall	141	01:14:53	M40	Unattached
124	Ellison Allcock	25	01:15:41	M50	Unattached
125	Rob Bailey	22	01:15:44	M40	Macclesfield Harriers
126	Olive Bigmore	119	01:15:58	L40	Unattached
127	Ian Ashcroft	28	01:16:06	M70	Wilmslow RC
128	Lisa Mackay	16	01:16:12	L40	Spectrum Striders RC
129	Laura Stubbs	107	01:16:28	L	Congleton Harriers
130	Harry Stubbs	106	01:16:29	M60	Congleton Harriers
131	Leanne Rutter	123	01:16:48	L	Wilmslow RC
132	Chris Wilkie	13	01:16:49	M	Unattached
133	Sarah Salomon	120	01:18:19	L40	Unattached
134	Michelle Jones	92	01:18:34	L	Delamere Spartans
135	Rachel Trpeski	1	01:18:37	L40	Boalloy RC
136	Chris Edwards	138	01:18:59	M40	Dark Peak FR
137	Katie Stretton	4	01:19:07	L	Unattached
138	John Kenyon	3	01:19:08	M50	Hulme Pierrepoint RC
139	Jane Heath	48	01:20:00	L50	Unattached
140	Katie Heath	47	01:20:25	L	Unattached
141	Don Bullough	50	01:21:08	M50	Wilmslow RC
142	Kim Eastham	56	01:21:18	L50	Macclesfield Harriers
143	Pat Kennerley	12	01:23:04	L40	Unattached
144	Joanna Boyle	11	01:23:05	L40	Unattached
145	Julie Lucas	73	01:23:12	L50	Wilmslow RC
146	Sharon Basford	132	01:23:24	L40	Tattenhall Runners
147	Trevor Faulkner	10	01:27:07	M70	Wilmslow RC
148	Felicity Doyle	55	01:33:02	L50	Congleton Harriers