

**Results for : Mow Cop Hill Race**  
**Distance : 6.50 Miles**  
**Date : Sunday, 1. April 2012**



**Mow Cop Runners**

Position	Name	Bib No	Time	Vet Class	Club
1	Matt Lockyer	67	00:43:37	M	Newcastle AC
2	Simon Harding	96	00:44:30	M	Macclesfield Harriers
3	Richard Houghton	35	00:44:45	M40	Macclesfield Harriers
4	Gareth Briggs	42	00:44:56	M40	Staffordshire Moorlands AC
5	Malcom Fowler	26	00:46:22	M40	Wilmslow RC
6	Nicholas Hackett	52	00:48:19	M	South Cheshire Harriers
7	Austin Frost	97	00:48:37	M	Dark Peak
8	David Keeling	306	00:49:02	M40	Cheshire Hill Racers
9	Mark Messenger	68	00:49:22	M40	Macclesfield Harriers
10	Mathew Clewes	66	00:49:40	M50	Mercia
11	Chris Millington	14	00:50:07	M40	Spectrum Striders
12	John Mooney	7	00:50:49	M50	Macclesfield Harriers
13	Darren Fishwick	79	00:50:58	M40	Chorley Harriers
14	Adam Brookes	61	00:51:04	M	Harbough AC
15	Neil Clarke	19	00:51:30	M50	Macclesfield Harriers
16	Andy Parkin	4	00:51:35	M	Dark Peak
17	Phil Daintith	21	00:52:29	M40	Spectrum Striders
18	Barry Blyth	36	00:52:34	M60	Macclesfield Harriers
19	Andy Mayers	12	00:52:56	M40	South Cheshire Harriers
20	Neil Wootton	62	00:53:00	M	Unattached
21	Simon Bolton	47	00:53:05	M40	Wilmslow RC
22	Matt Harrison	25	00:53:10	M	Unattached
23	Toby Miller	93	00:53:51	M	Boalloy
24	Adela Salt	45	00:53:59	L	Staffordshire Moorlands AC
25	Mario Foschi	22	00:54:15	M50	Wirral
26	Matt Sheehan	65	00:54:20	M50	Mercia
27	David Betteley	37	00:54:48	M40	South Cheshire Harriers
28	Martin Mallett	48	00:54:59	M40	Macclesfield Harriers
29	Trevor Longman	49	00:55:16	M60	Macclesfield Harriers
30	Ian Pudge	55	00:55:40	M40	Spectrum Striders
31	Neil Gerrity	57	00:55:43	M	Newcastle AC
32	Chris Wade	307	00:55:49	M	Boalloy
33	Alan Bocking	31	00:55:50	M50	Cheshire Hill Racers
34	Bruce Humphrey	51	00:55:52	M	Altrincham District AC
35	Carl Williams	98	00:55:58	M40	Boalloy
36	Sandra Lewis	17	00:56:01	L	Altrincham District AC
37	Adam Neale	99	00:56:20	M40	Unattached
38	Matthew Brennan	308	00:57:03	M40	Mansfield Harriers
39	Steve Macha	75	00:57:18	M40	Boalloy
40	Neil Adair	13	00:58:43	M	Spectrum Striders
41	Tim Ruck	76	00:58:47	M	Pennine FR
42	Rolan Meylan	88	00:58:54	M40	Buxton AC
43	John Foulds	53	00:58:57	M50	FRA
44	Tony Mann	16	00:59:05	M40	Penny Lane Striders
45	Roy Woodland	64	00:59:08	M50	Unattached
46	Karon Forster	30	00:59:19	L50	Spectrum Striders
47	Peter Bailey	87	00:59:21	M50	Buxton AC
48	Tony Ryan	18	00:59:23	M40	Unattached
49	Philip Barnes	46	00:59:32	M50	Macclesfield Harriers
50	Damian Ridge	100	00:59:43	M	Unattached
51	Liz Whitfield	20	00:59:44	L	Spectrum Striders
52	Rob McHarry	11	00:59:49	M40	Spectrum Striders
53	Tony Hulme	50	00:59:58	M60	Wilmslow RC
54	Debbie Hill	63	01:00:02	L50	Congleton Harriers
55	Ian Ankers	90	01:00:20	M60	Staffordshire Moorlands AC

Position	Name	Bib No	Time	Vet Class	Club
56	Andy Painter	82	01:00:23	M40	South Cheshire Harriers
57	Rebecca Marshall	69	01:00:32	L40	South Cheshire Harriers
58	David Tucker	34	01:00:43	M60	Macclesfield Harriers
59	Ellison Allcock	80	01:00:53	M50	Unattached
60	Phil Gillard	5	01:00:54	M50	Helsby
61	Stephen Green	89	01:02:03	M40	Unattached
62	Neville Griffiths	29	01:02:26	M60	Spectrum Striders
63	Tom Russell	84	01:02:33	M40	Boalloy
64	Jonathan Gregson	3	01:02:37	M	Hatton Darts
65	Helen Lambert	38	01:02:57	L40	Calder Valley FR
66	Martin Rands	40	01:03:07	M40	Macclesfield Harriers
67	Richard Pegram	1	01:03:13	M40	Wirksworth
68	Dave Thompson	15	01:03:42	M60	Spectrum Striders
69	Barrie Sanderson	74	01:03:44	M40	Unattached
70	Mandy Calvert	39	01:03:57	L40	Macclesfield Harriers
71	Angela Jacquemart	72	01:04:20	L40	Staffordshire Moorlands AC
72	Rob Campbell	60	01:04:30	M60	Staffordshire Moorlands AC
73	Carl Bayer	309	01:04:42	M40	Unattached
74	Kevan Naylor	54	01:04:48	M40	Barrow Runners
75	Mark Wheelton	33	01:05:01	M50	Macclesfield Harriers
76	Brad Ehlen	24	01:05:12	M40	Spectrum Striders
77	Colin Ardron	59	01:05:29	M60	Macclesfield Harriers
78	Gill Darby	73	01:05:33	L50	Penny Lane Striders
79	Edson De Capvalho	78	01:06:02	M	Unattached
80	Ann-Marie Jones	27	01:06:13	L50	Altrincham District AC
81	Martin Griffiths	2	01:06:23	M40	Dark Peak
82	David Forshaw	86	01:06:57	M40	Buxton AC
83	Bill Allsop	41	01:07:23	M60	Buxton AC
84	Jane Eardley	77	01:07:27	L	Penny Lane Striders
85	Tim Millet	92	01:08:44	M50	Boalloy
86	Gill Gibbons	9	01:09:01	L50	South Cheshire Harriers
87	Alasdair Dyde	10	01:09:02	M40	South Cheshire Harriers
88	Andy Skelhorn	43	01:09:50	M50	Macclesfield Harriers
89	Helen	310	01:10:01	L40	Unattached
90	Steve Dewick	6	01:10:22	M40	Dark Peak
91	Brian Jackson	95	01:10:42	M60	Macclesfield Harriers
92	Sally Wilson	85	01:12:55	L	Unattached
93	David Whewell	32	01:12:58	M50	Macclesfield Harriers
94	Isla Telford	91	01:13:09	L	Unattached
95	Stephen Jones	28	01:13:36	M60	Altrincham District AC
96	Chris Edwards	71	01:15:16	M40	Dark Peak
97	Malcom Rushton	94	01:15:59	M60	Trentham RC
98	Trevor Faulkner	8	01:16:14	M60	Wilmslow RC
99	Lorna Fewtrell	44	01:16:20	L40	South Cheshire Harriers
100	Sue Taylor	56	01:18:44	L50	Cheadle
101	Angus Varley	83	01:22:44	M50	South Cheshire Harriers
102	Mick Edwards	70	01:24:31	M60	Dark Peak
103	Mike Cutler	81	01:24:46	M50	South Cheshire Harriers
104	Anne Hewitt	58	01:32:45	L60	Spectrum Striders
105	Stephanie Charman	23	01:34:45	L60	Spectrum Striders