

Results for : Mow Cop Hill Race
 Distance : 6.50 Miles
 Date : Sunday, 1. April 2012



Mow Cop Runners

Male M

Position	Name	Time	Club
1	Matt Lockyer	00:43:37	Newcastle AC
2	Simon Harding	00:44:30	Macclesfield Harriers
3	Nicholas Hackett	00:48:19	South Cheshire Harriers
4	Austin Frost	00:48:37	Dark Peak
5	Adam Brookes	00:51:04	Harbough AC
6	Andy Parkin	00:51:35	Dark Peak
7	Neil Wootton	00:53:00	Unattached
8	Matt Harrison	00:53:10	Unattached
9	Toby Miller	00:53:51	Boalloy
10	Neil Gerrity	00:55:43	Newcastle AC
11	Chris Wade	00:55:49	Boalloy
12	Bruce Humphrey	00:55:52	Altrincham District AC
13	Neil Adair	00:58:43	Spectrum Striders
14	Tim Ruck	00:58:47	Pennine FR
15	Damian Ridge	00:59:43	Unattached
16	Jonathan Gregson	01:02:37	Hatton Darts
17	Edson De Capvalho	01:06:02	Unattached

Male M40

Position	Name	Time	Club
1	Richard Houghton	00:44:45	Macclesfield Harriers
2	Gareth Briggs	00:44:56	Staffordshire Moorlands AC
3	Malcom Fowler	00:46:22	Wilmslow RC
4	David Keeling	00:49:02	Cheshire Hill Racers
5	Mark Messenger	00:49:22	Macclesfield Harriers
6	Chris Millington	00:50:07	Spectrum Striders
7	Darren Fishwick	00:50:58	Chorley Harriers
8	Phil Daintith	00:52:29	Spectrum Striders
9	Andy Mayers	00:52:56	South Cheshire Harriers
10	Simon Bolton	00:53:05	Wilmslow RC
11	David Betteley	00:54:48	South Cheshire Harriers
12	Martin Mallett	00:54:59	Macclesfield Harriers
13	Ian Pudge	00:55:40	Spectrum Striders
14	Carl Williams	00:55:58	Boalloy
15	Adam Neale	00:56:20	Unattached
16	Matthew Brennan	00:57:03	Mansfield Harriers
17	Steve Macha	00:57:18	Boalloy
18	Rolan Meylan	00:58:54	Buxton AC
19	Tony Mann	00:59:05	Penny Lane Striders
20	Tony Ryan	00:59:23	Unattached
21	Rob McHarry	00:59:49	Spectrum Striders
22	Andy Painter	01:00:23	South Cheshire Harriers
23	Stephen Green	01:02:03	Unattached
24	Tom Russell	01:02:33	Boalloy
25	Martin Rands	01:03:07	Macclesfield Harriers
26	Richard Pegram	01:03:13	Wirksworth
27	Barrie Sanderson	01:03:44	Unattached
28	Carl Bayer	01:04:42	Unattached
29	Kevan Naylor	01:04:48	Barrow Runners
30	Brad Ehlen	01:05:12	Spectrum Striders
31	Martin Griffiths	01:06:23	Dark Peak
32	David Forshaw	01:06:57	Buxton AC
33	Alasdair Dyde	01:09:02	South Cheshire Harriers
34	Steve Dewick	01:10:22	Dark Peak
35	Chris Edwards	01:15:16	Dark Peak

Male M50

Position	Name	Time	Club
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1	Mathew Clewes	00:49:40	Mercia
2	John Mooney	00:50:49	Macclesfield Harriers
3	Neil Clarke	00:51:30	Macclesfield Harriers
4	Mario Foschi	00:54:15	Wirral
5	Matt Sheehan	00:54:20	Mercia
6	Alan Bocking	00:55:50	Cheshire Hill Racers
7	John Foulds	00:58:57	FRA
8	Roy Woodland	00:59:08	Unattached
9	Peter Bailey	00:59:21	Buxton AC
10	Philip Barnes	00:59:32	Macclesfield Harriers
11	Ellison Allcock	01:00:53	Unattached
12	Phil Gillard	01:00:54	Helsby
13	Mark Wheelton	01:05:01	Macclesfield Harriers
14	Tim Millet	01:08:44	Boalloy
15	Andy Skelhorn	01:09:50	Macclesfield Harriers
16	David Whewell	01:12:58	Macclesfield Harriers
17	Angus Varley	01:22:44	South Cheshire Harriers
18	Mike Cutler	01:24:46	South Cheshire Harriers

Male M60

Position	Name	Time	Club
1	Barry Blyth	00:52:34	Macclesfield Harriers
2	Trevor Longman	00:55:16	Macclesfield Harriers
3	Tony Hulme	00:59:58	Wilmslow RC
4	Ian Ankers	01:00:20	Staffordshire Moorlands AC
5	David Tucker	01:00:43	Macclesfield Harriers
6	Neville Griffiths	01:02:26	Spectrum Striders
7	Dave Thompson	01:03:42	Spectrum Striders
8	Rob Campbell	01:04:30	Staffordshire Moorlands AC
9	Colin Ardron	01:05:29	Macclesfield Harriers
10	Bill Allsop	01:07:23	Buxton AC
11	Brian Jackson	01:10:42	Macclesfield Harriers
12	Stephen Jones	01:13:36	Altrincham District AC
13	Malcom Rushton	01:15:59	Trentham RC
14	Trevor Faulkner	01:16:14	Wilmslow RC
15	Mick Edwards	01:24:31	Dark Peak

Female L

Position	Name	Time	Club
1	Adela Salt	00:53:59	Staffordshire Moorlands AC
2	Sandra Lewis	00:56:01	Altrincham District AC
3	Liz Whitfield	00:59:44	Spectrum Striders
4	Jane Eardley	01:07:27	Penny Lane Striders
5	Sally Wilson	01:12:55	Unattached
6	Isla Telford	01:13:09	Unattached

Female L40

Position	Name	Time	Club
1	Rebecca Marshall	01:00:32	South Cheshire Harriers
2	Helen Lambert	01:02:57	Calder Valley FR
3	Mandy Calvert	01:03:57	Macclesfield Harriers
4	Angela Jacquemart	01:04:20	Staffordshire Moorlands AC
5	Helen	01:10:01	Unattached
6	Lorna Fewtrell	01:16:20	South Cheshire Harriers

Female L50

Position	Name	Time	Club
1	Karon Forster	00:59:19	Spectrum Striders
2	Debbie Hill	01:00:02	Congleton Harriers
3	Gill Darby	01:05:33	Penny Lane Striders
4	Ann-Marie Jones	01:06:13	Altrincham District AC
5	Gill Gibbons	01:09:01	South Cheshire Harriers
6	Sue Taylor	01:18:44	Cheadle

Female L60

Position	Name	Time	Club
1	Anne Hewitt	01:32:45	Spectrum Striders
2	Stephanie Charman	01:34:45	Spectrum Striders