

Results for : Mow Cop Hill Race
 Distance : 6.50 Miles
 Date : Sunday, 7. April 2013



Mow Cop Runners

Male M

Position	Name	Time	Club
1	Damian Nicholls	00:43:41	Wilmslow Rc
2	Jack Ross	00:44:01	Staffordshire Moorlands AC
3	Simon Harding	00:44:44	Macclesfield Harriers
4	Jason Williams	00:44:51	Calder Valley Fell Runners
5	James Wood	00:48:41	Staffordshire Moorlands AC
6	Jason Phillips	00:49:44	Unattached
7	Toby Hart	00:50:34	Dark Peak FR
8	Gavin Poynton	00:52:05	Wreake Runners
9	James Oddy	00:52:22	Unattached
10	Tom Peers	00:52:30	Wilmslow Rc
11	Dean Windsor	00:53:09	Boalloy RC
12	Toby Miller	00:53:24	Boalloy RC
13	Martin Packham	00:55:36	South Cheshire Harriers
14	Neil Gerrity	00:56:39	Nwecastle AC
15	David Jones	00:57:10	Unattached
16	Tim Ruck	01:00:05	Pennine Fell Runners
17	Richard Bougla	01:02:25	Buxton AC
18	Andrew Deaville	01:05:58	Unattached
19	Paul Jones	01:06:04	Unattached
20	Geraint Davies	01:07:04	Unattached
21	Will Blackwell	01:07:45	Unattached
22	James Kelly	01:09:34	Unattached
23	David Boorman	01:14:09	Unattached
24	John Biddulph	01:25:34	Unattached

Male M40

Position	Name	Time	Club
1	Julian Goodwin	00:45:52	Boalloy RC
2	Gareth Briggs	00:46:27	Staffordshire Moorlands AC
3	Martin Cciffe	00:47:33	Eryri Harriers
4	Austin Frost	00:50:07	Dark Peak FR
5	Darren Donlan	00:51:31	South Cheshire Harriers
6	Darran Hawkins	00:51:44	Buxton AC
7	Adam Grew	00:52:04	Trentham RC
8	Julian Brown	00:52:45	Mow Cop Runners
9	Michael Toman	00:57:08	Rossendale Harriers
10	Simon Bolton	00:57:47	Wilmslow Rc
11	Stephen Gill	00:58:25	Wrekin Road Runners
12	Kevin Price	00:59:37	Mow Cop Runners
13	Lee Grant	01:00:16	Goyt Valley Striders
14	Gary Castney	01:00:19	Stoke AC
15	Andrew Gray	01:00:37	Unattached
16	David Anderson	01:02:31	Altrincham and District AC
17	Paul Spriggs	01:03:30	Wrekin Road Runners
18	Steve Jones	01:04:17	Clwydian Range Runners
19	Paul Clutterbuck	01:04:36	Vale Royal RC
20	Martin Griffiths	01:05:21	Dark Peak FR
21	Richard Pegram	01:05:53	Wirksworth RC
22	Carl Baker	01:07:30	Unattached
23	Chris Edwards	01:08:29	Dark Peak FR

Male M50

Position	Name	Time	Club
1	Andy Robinson	00:52:27	Mercia Fell Runners
2	Mark Salkild	00:53:42	Dark Peak FR
3	John Mooney	00:54:42	Macclesfield Harriers
4	Nick Bishop	00:55:47	Wilmslow Rc
5	Steve Macha	00:58:27	Boalloy RC

6	Philip Barnes	00:59:28	Macclesfield Harriers
7	Kean Rowlands	01:00:00	Clwydian Range Runners
8	Tony Ryan	01:00:11	Unattached
9	David Edge	01:00:43	Staffordshire Moorlands AC
10	Peter Bailey	01:02:50	Buxton AC
11	Dave Heath	01:04:58	Unattached
12	Stephen Green	01:05:15	Unattached
13	Ian Coates	01:07:42	Staffordshire Moorlands AC
14	Mark Wheelton	01:08:11	Macclesfield Harriers
15	Ellison Allcock	01:09:15	Unattached
16	Mick Williams	01:10:39	Unattached
17	Colin Downey	01:11:08	Mercia Fell Runners

Male M60

Position	Name	Time	Club
1	Tony Hulme	00:59:23	Wilmslow Rc
2	Ian Ankers	01:02:14	Staffordshire Moorlands AC
3	John Morris	01:05:10	Buckley RC
4	Dave Waywell	01:07:15	Wesham Road Runners
5	Rod Campbell	01:10:05	Staffordshire Moorlands AC
6	Ray Brown	01:10:36	Penistone Footpath Runners
7	Harry Stubbs	01:15:57	Congleton Harriers
8	Trevor Faulkner	01:17:44	Wilmslow Rc
9	Malcolm Rushton	01:23:08	Trentham RC
10	Mick Edwards	01:28:33	Dark Peak FR

Female L

Position	Name	Time	Club
1	Kerry Marchant	00:53:48	Staffordshire Moorlands AC
2	Laura Davison	01:00:15	West End RC
3	Amy Durrant	01:02:52	South Cheshire Harriers
4	Andrea Woodhead	01:08:09	Unattached
5	Sara Stead	01:08:30	Congleton Harriers
6	Rachael Peers	01:09:37	Wilmslow Rc
7	Catherine French	01:19:42	Lytham St Annes Road Runners

Female L40

Position	Name	Time	Club
1	Debbie Hope	00:57:15	Staffordshire Moorlands AC
2	Joanne Moore	01:01:25	Eryri Harriers
3	Joanne Moss	01:02:34	Congleton Harriers
4	Sandra Rowlands	01:03:36	Clwydian Range Runners
5	Michelle Tidswell	01:06:14	Unattached
6	Polly Kennerley	01:06:45	Congleton Harriers
7	Judith Newham	01:14:53	Congleton Harriers
8	Philippa Tyson	01:18:01	South Cheshire Harriers
9	Carbe McCracken	01:18:52	Alsager Angels
10	Suzanne Roebuck	01:19:12	Unattached
11	Lorraine Clarke	01:20:23	Mow Cop Runners
12	Sue Davies	01:23:11	South Cheshire Harriers
13	Belinda Carp	01:25:13	Wilmslow Rc
14	Ruth McDermott	01:26:17	Unattached
15	Ali McNinch	01:28:08	Unattached

Female L50

Position	Name	Time	Club
1	Ann-Marie Jones	01:02:03	Altrincham and District AC
2	Debbie Hill	01:03:05	Congleton Harriers
3	Julie Holmes	01:06:31	Mow Cop Runners
4	Kath Hoyer	01:08:28	Wesham Road Runners